

# BECCI'S BRUNCH

## **SPREAD OF FETA CHEESE** <sup>3,4</sup>

7.5

with coriander, pistachios and multigrain bread

## **SPREAD OF DATES** <sup>4</sup>

7

with fresh cheese, curry and sourdough bread

## **VEGAN CAJUN SPREAD** <sup>1, 2, 3, 5</sup>

9

with crudités, smoked paprika powder and HDG olive oil

## **3 ASSORTED SPREADS** <sup>4</sup>

12

with crudités, multigrain bread and sourdough bread

## **CHIA PUDDING** <sup>1, 2, 3, 5</sup>

7.5

with almond milk, yogurt and butter, maple syrup, strawberries, almonds and crunchy coconut flakes

## **COCOA OVERNIGHT OAT** <sup>1, 2, 3, 5</sup>

8.5

with oat milk, vanilla yoghurt, peanut butter, pistachios, peanuts and banana

## **GREEK YOGHURT** <sup>1, 3, 4</sup>

7.5

with homemade granola, pomegranate and wild berries

## **MATCHA PANCAKES** <sup>2, 3, 4</sup>

9

with mango, raspberries, english cream and hazelnut paste with cocoa

## **COCONUT „FRENCH TOAST“** <sup>3, 4</sup>

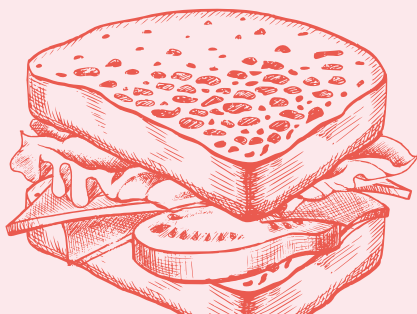
9

with berries and coconut foam

## **AÇAÍ BOWL** <sup>1, 2, 3, 5</sup>

9.5

with homemade granola, strawberries, banana, flaxseed and almond butter



1 GLUTEN FREE, 2 LACTOSE FREE  
3 CONTAINS NUTS, 4 VEGETARIAN  
5 VEGAN



# ORGANIC EGG DISHES

## EGGS „YOUR WAY“ <sup>2, 4</sup>

6

(2 eggs) - sunny side up, poached or scrambled with toast

## BECCI'S FRITTATA <sup>1, 3, 4</sup>

13.5

(3 eggs) with mushrooms, spinach, parmesan and pesto

## SHAKSHUKA TOAST <sup>4</sup>

11

made from sourdough bread with (1) poached egg, tomato, bell pepper, cumin, feta cheese and cilantro

## SUPERFOOD EGG <sup>2, 4</sup>

9

(1 egg) on crispy multigrain bread with guacamole, pico de gallo and cilantro

## EGG BENEDICT

11

(1 egg) on „bolo do caco“ bread with spinach, smoked turkey breast and hollandaise sauce



## ADD—ONS

HOMEMADE GRANOLA	3
PEANUT BUTTER	3
ALGARVE CREAMY	3
ALMOND BUTTER	
COCOA HAZELNUT BUTTER	3
ORGANIC COCOA NIBS	3
POACHED EGG	3
SUNNY SIDE UP EGG	3
SCRAMBLED EGG	3
FRESH GOAT CHEESE	4
RED FRUITS	3
GUACAMOLE	3
TOAST BREAD (2 SLICES)	3
ROASTED ALMONDS	3

# SALAD

## FATTOUSH <sup>3,4</sup>

15

with tomatoes, cucumber, pita croûtons, sumac, caramelized walnuts, mint and grilled halloumi cheese

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# BOWLS

## VEGAN BOWL <sup>1, 2, 3, 5</sup>

12.5

quinoa, beetroot, spinach, edamame, avocado, radish, sprouts, tofu, toasted peanuts and asian dip made from peanut and sesame seeds

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# WRAPS

## VEGAN WRAP <sup>2, 3, 5</sup>

12

with cajun spread cheese, spinach, rocket, avocado, fresh pink tomatoes, sprouts, vegetable crudités, served with vegan sriracha dip and lemon-garlic dip

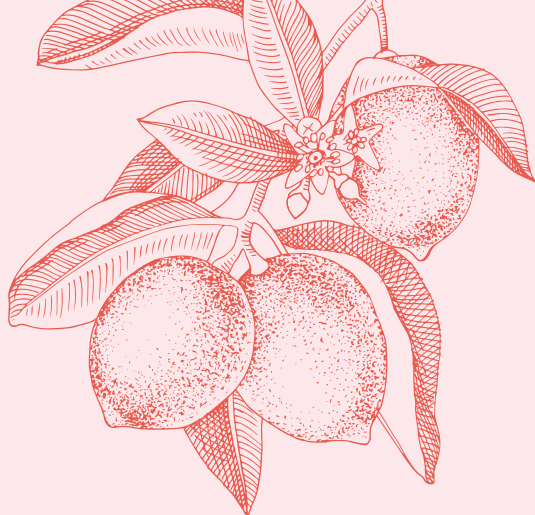
## CHICKEN WRAP <sup>3</sup>

12

shawarma seasoning, garlic lemon dip, vegan sriracha dip, grilled vegetables, sweet cucumber, romaine lettuce, fresh pink tomatoes and red onion

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5 VEGAN





# JUICE BAR

## „THE GREENIE“ 1, 2, 5

spinach, parsley, kale, celery, cucumber, lemon and red apples

7

## „THE RED ROOT“ 1, 2, 5

beetroot, ginger, orange, green apples and celery stalks

6

## „BUZZ UP“ 1, 2, 5

carrots, orange, lemon, green apples and ginger

6

## REINI´S „MANGO DELIGHT“ 2

mango, orange, oat milk, lactose-free natural yogurt, maple syrup

7

## „AÇAÍ SUPERFOOD“ 1, 2, 5

açaí, strawberries, banana, coconut drink, chia

7

## GINGER LEMON SHOT 1, 2, 5

with cayenne pepper

4

## TURMERIC & GINGER 1, 2, 5

energy shot with lemon

4



# COFFEE

ESPRESSO	1.5
ESPRESSO DOPPIO	2
CAFFÉ AMERICANO	2.5
FILTER COFFEE (2 PAX)	5
CORTADO COFFEE	2.5
FLAT WHITE	3
CAPPUCCINO	3
MOCHA COFFEE	3
HOT CHOCOLATE	3
CHAI LATTE	3.5
DIRTY CHAI LATTE	3.5
MATCHA LATTE	3.5



**OAT, ALMOND,  
COCONUT MILK  
& DRINKS TO GO** **+50ct**

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# ICED DRINKS

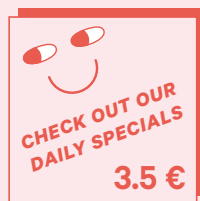
ICED AMERICANO	2.5
ICED CAPPUCCINO	3
ICED FLAT WHITE	3
ICED CHAI LATTE	3.5
ICED DIRTY CHAI LATTE	3.5



# TEA

<b>GORREANA BLACK TEA PEKOE</b>	<b>2.5</b>
<b>GORREANA GREEN HYSSON</b>	<b>2.5</b>
<b>GORREANA BLACK LOOSE LEAF</b> pekoe and bergamot	<b>3</b>
<b>GORREANA GREEN LOOSE LEAF</b> hysson and peppermint	<b>3</b>

# CAKE FOR THE SHOWCASE



<b>BANANA BREAD WITH CHOCOLATE DROPS</b> <sup>2, 4</sup>	<b>3.5</b>
<b>WALNUT APPLE BANANA BREAD</b> <sup>2, 3, 5</sup>	<b>3.5</b>
<b>ZUCCHINI CHOCOLATE CAKE</b> <sup>2, 3, 5</sup>	<b>4.5</b>
<b>AMERICAN „COOKIES“</b> <sup>1, 2, 5</sup>	<b>4</b>
<b>BUTTER CROISSANT</b>	<b>3.5</b>
<b>ALMOND CROISSANT</b>	<b>4.5</b>
<b>QUINOA AND PEANUT BUTTER BAR</b> <sup>1, 2, 5</sup>	<b>3</b>
<b>PASTEL DE NATA</b>	<b>1.8</b>



**1 GLUTEN FREE, 2 LACTOSE FREE**  
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**5 VEGAN**





# SOFT DRINKS

<b>STILL WATER</b> (70 cl)	<b>2.5</b>
<b>SPARKLING WATER</b> (70 cl)	<b>2.5</b>
<b>FRESH ORANGE JUICE</b> (25 cl)	<b>3.5</b>
<b>COCA-COLA</b> (35 cl)	<b>3</b>
<b>COCA-COLA ZERO</b> (35 cl)	<b>3</b>
<b>FANTA ORANGE</b> (35 cl)	<b>3</b>
<b>SPRITE FRESH</b> (35 cl)	<b>3</b>
<b>NESTEA LEMON</b> (30 cl)	<b>3</b>
<b>NESTEA PEACH</b> (30 cl)	<b>3</b>
<b>NESTEA MANGO</b> (30 cl)	<b>3</b>
<b>SOMERSBY APPLE SIDRA</b> (33 cl)	<b>3.5</b>
<b>FRESH COCONUT WATER</b> (31.5 cl)	<b>5</b>
<b>100 % NATURAL COCONUT WATER</b> (50 cl)	<b>6.5</b>
<b>CAPTAIN KOMBUCHA</b> (40 cl)	<b>5.5</b>
bio zero original tea drink	
<b>CAPTAIN KOMBUCHA</b> (40 cl)	<b>5.5</b>
bio zero ginger and lemon tea drink	
<b>CAPTAIN KOMBUCHA</b> (40 cl)	<b>5.5</b>
bio raspberry tea drink	
<b>CAPTAIN KOMBUCHA</b> (40 cl)	<b>5.5</b>
bio pomegranate tea drink	



**JOIN US!**  
**encci\_carvoeiro**

# BEER

<b>HEINEKEN</b> (33 cl)	<b>3.5</b>
<b>HEINEKEN</b> (25 cl)	<b>2.5</b>
<b>CORONA</b> (35.5 cl)	<b>5</b>
<b>CORONITA</b> (21 cl)	<b>4</b>
<b>2 CORVOS PRATA PILSNER</b> (33 cl)	<b>5.5</b>
<b>2 CORVOS MATINE IPA</b> (33 cl)	<b>7</b>
<b>2 CORVOS MURMURIO AMBER ALE</b> (33 cl)	<b>6.5</b>
<b>2 CORVOS WEEKEND</b> (44 cl)	<b>9</b>

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# APERITIFS

<b>APEROL SPRITZ</b>	<b>10</b>
<b>LIMONCELLO SPRITZ</b>	<b>12</b>
<b>NEGRONI</b>	<b>10</b>
<b>BICICLETTA</b>	<b>8</b>
<b>DIRTY MARTINI</b>	<b>8</b>
<b>SGROPPINO AL LIMONE</b>	<b>12</b>
<b>GIN TONIC</b>	<b>12</b>

SHOULD YOU SUFFER ANY ALLERGIES, A TECHNICAL SHEET EXISTS WITH A FULL DESCRIPTION OF THE INGREDIENTS OF EACH DISH. NO COURSE, FOOD OR DRINK, INCLUDING COUVERT, MAY BE CHARGED IF NOT REQUESTED BY THE CUSTOMER OR IF UNUTILIZED. ALL PRICES ARE INCLUSIVE OF VAT AT THE CURRENT RATE. THIS RESTAURANT HAS A COMPLAINTS BOOK.

